## ACS APPLIED

NANO MATERIALS Cite This: ACS Appl. Nano Mater. 2018, 1, 122–131

Article

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# Lithium Ion Nanocarriers Self-Assembled from Amphiphiles with Aggregation-Induced Emission Activity

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#### **Supporting Information**

**ABSTRACT:** Lithium salts are extensively used to treat diseases such as bipolar disorder or chronic reduction, but they often trigger undesirable side effects in patients due to the accumulation of lithium ions in peripheral organs. A conventional strategy for fabricating nanocarriers is not applicable to lithium ions because of their difficulty in binding firmly to molecules in water and easy leakage due to their small size and high water solubility. We report here the successful fabrication of lithium ion nanocarriers in water with an amphiphile containing two ethylene oxide tetramers attached to a hydrophobic core showing aggregation-induced light emission (AIE). The amphiphile self-assembles into



fluorescent spherical aggregates in water. Lithium ions are loaded into the spherical aggregates by binding to the ethylene oxide tetramer. This nanocarrier can enter cells facilely via an endocytosis process and does not affect the cell viability at concentrations of up to 100  $\mu$ M. Moreover, the self-imaging ability of the nanocarriers can be used to track the location of lithium-based drugs. We expect that this strategy of fabricating lithium nanocarriers will pave the way for reducing the practical doses of lithium salt that are used in clinical therapy.

**KEYWORDS:** *lithium ion, nanocarriers, amphiphile, self-assembly, AIE activity, self-imaging* 

#### **INTRODUCTION**

Lithium salts, such as Li<sub>2</sub>CO<sub>3</sub>, LiCl, and LiI, are extensively used as effective drugs to treat bipolar disorder in patients, such as manic episodes and suicidality, and have been considered as possible drugs in the therapy of chronic neurodegenerative diseases, including Alzheimer's, Parkinson's, and Huntington's diseases.<sup>1–5</sup> However, the unnecessary accumulation of lithium ions in the kidney and heart can cause considerable side effects.<sup>6,7</sup> This is because lithium ions penetrate very slowly through the blood–brain barrier and across the biomembrane, so large doses are required for therapy to be effective.<sup>8–10</sup> To solve this problem, tremendous effort has been put into the search for alternatives to lithium. However, clinical outcomes have demonstrated that no alternatives have yet been able to show satisfactory bioactivities similar to lithium salts.<sup>11–13</sup> This is because the role of lithium in therapy is multifold and includes generating neuroprotective effects,<sup>17,18</sup> and inhibiting the activity of certain enzymes.<sup>19,20</sup> It is clearly challenging to obtain an alternative that can show all these abilities. Therefore, optimizing the performance of current lithium salts is probably the most practical strategy for a desirable therapy. To this goal, Adam J. Smith and coworkers<sup>21,22</sup> synthesized the first ionic cocrystals (ICCs) of lithium salts composed of organic anions. Although the resultant lithium ICCs indeed showed a more attractive in vivo pharmacokinetic performance, in vivo tests revealed considerable side effects.

Because the side effects of lithium therapy are caused by the accumulation of excess lithium ions in organs due to their slow penetration through the blood-brain barrier and across the cell membrane, it is easy to suggest the idea of loading lithium salts with nanocarriers, which can enter cells readily through endocytosis. However, progress in this aspect has lagged far

Received:October 17, 2017Accepted:December 8, 2017Published:December 8, 2017



<sup>*a*</sup>(a) Illustration of the binding mode for a  $Li^+$  with a long PEO chain.<sup>34</sup> (b) The molecular structure of TPE-(EO)<sub>4</sub>-L<sub>2</sub>. (c) The self-assembly of TPE-(EO)<sub>4</sub>-L<sub>2</sub>.

behind the development of nanocarriers for other drugs, mainly due to the challenge in fabricating proper nanocarriers for lithium ions. The lithium ion is very small, and lithium salts are highly soluble in water, which results in easy leaking of the ion. It is well-known that lithium ions can bind to crown ethers via a host–guest interaction<sup>23–25</sup> but that the crown ethers cannot be used as biological carriers due to their strong toxicity. To date, few successful cases for the loading of lithium ions have been reported; exceptional examples include the fabrication of a hexafunctional lipophilic envelope based on the synthesis of a series of lipophilic molecules<sup>26</sup> and a low-dose lithium microemulsion based on Peceol and lecithin.<sup>27</sup> In both cases, organic solvent is required. Therefore, developing lithium nanocarriers for use in an aqueous system remains a great challenge.

The key to fabricating aqueous lithium nanocarriers is to enhance the binding ability of lithium ions to the nanocarriers in water. It is well-known that poly(ethylene oxide) (PEO) can coordinate with lithium ions with high stability,<sup>28–30</sup> which is widely utilized in the fabrication of lithium batteries.<sup>31,32</sup> Previous experiments have verified that ~4–5 EO units may bind with one Li<sup>+</sup> to form a pseudo crown-ether structure<sup>33,34</sup> (Scheme 1a). This inspires, under the proper conditions, the use of EO groups in the fabrication of nanocarriers for Li<sup>+</sup> might be possible. However, to date, no literature in this regard has appeared

Herein, we report that by using an EO-containing amphiphile TPE-(EO)<sub>4</sub>-L<sub>2</sub> (Scheme 1b; TPE = tetraphenylethelene), we can obtain a lithium nanocarrier in water. TPE- $(EO)_4$ -L<sub>2</sub> is designed to carry two  $(EO)_4$  groups attached to a hydrophobic TPE core. The four EO units are supposed to bind to one Li<sup>+</sup>, and the TPE group is used as a reporter to check the formation of the nanocarrier and its penetration status through the cell membrane. This is because the propeller-shaped TPE core can show aggregation-induced light emission (AIE).<sup>35–39</sup> Since the  $(EO)_4$  groups are watersoluble, the TPE-(EO)<sub>4</sub>- $L_2$  aggregates in water above a critical concentration, which is accompanied by a significant increase in fluorescence. The binding of Li<sup>+</sup> readily occurs in aggregates of TPE-(EO)<sub>4</sub>-L<sub>2</sub>, which can further enhance the fluorescence and increase the zeta potential of the TPE-(EO)<sub>4</sub>-L<sub>2</sub> aggregates. The lithium ions that are loaded in the nanocarrier formed with TPE-(EO)<sub>4</sub>-L<sub>2</sub> can penetrate through the cell membrane via the endocytosis process, which can be visualized by the fluorescence of the TPE moiety. Moreover, the TPE- $(EO)_4$ -L<sub>2</sub> nanocarriers show satisfactory biocompatibility. To the best of our knowledge, this is the first demonstration of a lithium ion nanocarrier made in water that shows a selfimaging capability. We expect that applying this principle of constructing lithium ion nanocarriers will significantly reduce the side effects associated with lithium therapy and open a new



**Figure 1.** (a) Plot of fluorescence intensity against concentration of TPE-(EO)<sub>4</sub>-L<sub>2</sub>. ( $\lambda_{ex}$ : 365 nm;  $\lambda_{em}$ : 480 nm); (b) DLS data for TPE-(EO)<sub>4</sub>-L<sub>2</sub> solution measured at different concentrations (average hydrodynamic radiis are concentration-dependent: 0.03 mM: 11 ± 2 nm; 0.1 mM: 28 ± 3 nm; 1 mM: 24 ± 5 nm); (c) TEM image of particles formed in 0.1 mM TPE-(EO)<sub>4</sub>-L<sub>2</sub> solution; (d) XRD patterns of the spherical aggregates.

route toward treating diseases relating to bipolar disorder or chronic reduction.

#### RESULTS AND DISCUSSION

1. Self-Assembly Behavior of TPE-(EO)<sub>4</sub>-L<sub>2</sub>. TPE- $(EO)_4$ -L<sub>2</sub> was synthesized in our lab (Scheme 1b).<sup>40</sup> Because of the presence of hydrophilic pyridine-2, 6-dicarboxylic acid and ethylene oxide tetramer moieties, this molecule forms clear solution in water. However, aggregation occurs as the concentration reaches to a critical value. Because of the aggregation-induced emission of the TPE group,<sup>35–39</sup> we determined the critical aggregation concentration (CAC) of TPE-(EO)<sub>4</sub>-L<sub>2</sub> by monitoring the change in fluorescence intensity with increasing concentration of TPE-(EO)<sub>4</sub>-L<sub>2</sub>  $(C_{\text{TPE-(EO)4-L2}})$ . In Figure 1a, we show that a sharp kink occurs at 0.01 mM, indicating the CAC for TPE-(EO)<sub>4</sub>-L<sub>2</sub> is ~0.01 mM. Dynamic light scattering (DLS) measurements (Figure 1b) show the presence of particles with average hydrodynamic radii depending on C<sub>TPE-(EO)4-L2</sub>. TEM observations (Figure 1c and Figure S1) show that these particles are spherical aggregates.

X-ray diffraction (XRD) shows two diffraction peaks (Figure 1d) at  $2\theta = 2.1^{\circ}$  and  $4.2^{\circ}$ , corresponding to  $d_{001} = 4.1$  nm and  $d_{002} = 2.1$  nm, respectively, suggesting the presence of a lamellar structure in the particles. The distance of 4.1 nm is very close to the fully extended length of the TPE- $(EO)_4$ -L<sub>2</sub> (4.6 nm, see in Scheme 1b), indicating that the particles are probably formed by TPE-(EO)<sub>4</sub>-L<sub>2</sub> molecules arranged layerby-layer. The layer thickness can be obtained from atomic force microscopy (AFM) measurements of the height of dried particles, which reflects the fundamental layer thickness of the particle. Figure S2 reveals the different heights measured for the dried particles, including 8, 12, 16, 20, 24, and 28 nm. These heights are  $\sim 2$ , 3, 4, 5, 6, and 7 times the extended length of TPE-(EO)<sub>4</sub>- $L_2$ , which suggests that the particles are solid, because the thickness of a hollow vesicle membrane is always equivalent to an even number of times the extended length of TPE- $(EO)_4$ - $L_2$ . On the basis of this information, the molecular arrangement in the spherical TPE- $(EO)_4$ - $L_2$  aggregates is illustrated in Scheme 1c.

The solid spherical particles remain stable in the phosphatebuffered saline (PBS) buffer or at biological salt concentration (Figure S3a,b), but their size decreases in the presence of 150 mM of salt (Figure S4). This is due to the shieling effect of the anionic charges on the head of TPE-(EO)<sub>4</sub>-L<sub>2</sub>. Therefore, the reduced repulsive force between the TPE- $(EO)_4$ -L<sub>2</sub> molecules leads to reduction in the size of the particles. This also explains the reduction in particle size in Figure 1b, because any increase in the concentration of TPE-(EO)<sub>4</sub>-L<sub>2</sub> may also raise the concentration of the counterions. Nevertheless, the sizes of all the spherical particles are much smaller than 100 nm, indicating that they can penetrate the blood-body barriers (BBB) system in the case of practical application.<sup>41-43</sup> Moreover, the fluorescence of the particles increases with increasing salt concentration (Figure S5a,b), suggesting that the shielding of the charges on the TPE- $(EO)_4$ -L<sub>2</sub> molecule promotes the AIE effect.

**2.** Construction of Fluorescent Nanocarriers for Li<sup>+</sup>. 2.1. Formation of the Nanocarriers for Li<sup>+</sup>. Since there is an abundance of EO groups in the nanoparticles formed by TPE- $(EO)_4$ -L<sub>2</sub>, we expect the strong binding of EO to lithium to enable the loading of lithium ions. Indeed, the negative zeta-potential of the TPE- $(EO)_4$ -L<sub>2</sub> nanoparticles (Table 1) is reduced upon the addition of Li<sup>+</sup> to TPE- $(EO)_4$ -L<sub>2</sub> solution, and it becomes nearly zero at Li<sup>+</sup>/TPE- $(EO)_4$ -L<sub>2</sub> = 6, indicating the successful binding of positive Li<sup>+</sup> to negatively charged TPE- $(EO)_4$ -L<sub>2</sub> nanoparticles. Consistent with the

### Table 1. Variation of Zeta Potential Following Addition of $Li_2CO_3$

composition of the solution	zeta potential (mV)
TPE-(EO) <sub>4</sub> -L <sub>2</sub> 1 mM	$-16.4 \pm 1.0$
$TPE-(EO)_4-L_2/Li^+ 1 mM/6 mM$	$-0.5 \pm 1.5$

Article



Figure 2. Variation of fluorescence intensity with increasing molar ratio of  $Li^+/TPE-(EO)_4-L_2$  (a, b); ITC titration data (c) and fitting curves (d) for  $Li^+$  titrated into TPE-(EO)\_4-L\_2.



Figure 3. Variation of IR spectra upon addition of  $Li_2CO_3$  (a) or LiI (b) to 1 mM TPE-(EO)<sub>4</sub>-L<sub>2</sub>. The numbers in the figures are the concentration (molar) ratios between TPE-(EO)<sub>4</sub>-L<sub>2</sub> and the lithium salts.

binding of Li<sup>+</sup> to the nanoparticles, the fluorescence intensity increases with increasing molar ratio of Li<sup>+</sup>/TPE-(EO)<sub>4</sub>-L<sub>2</sub> (Figure 2a,b), suggesting the enhanced aggregation of TPE-(EO)<sub>4</sub>-L<sub>2</sub> due to the reduced electronic repulsion inside the Li<sup>+</sup>/TPE-(EO)<sub>4</sub>-L<sub>2</sub> nanoparticles.

The binding of Li<sup>+</sup> with TPE-(EO)<sub>4</sub>-L<sub>2</sub> was further confirmed by isothermal titration calorimetry (ITC) measurements (Figure 2c,d). Exothermal peaks were observed upon the addition of lithium salt to the aqueous solution of TPE-(EO)<sub>4</sub>-L<sub>2</sub>, with the binding ratio determined to be Li<sup>+</sup>/TPE-(EO)<sub>4</sub>-L<sub>2</sub> = 6. The binding constant  $K_a$  is ~2.3 × 10<sup>4</sup> M<sup>-1</sup>, which is of the same order as the reported host–guest binding between cyclodextrins and surfactants.<sup>44–47</sup>

2.2. Driving Force for the Construction of Nanocarriers for  $Li^+$ . To determine the binding position of  $Li^+$  in the TPE-(EO)<sub>4</sub>-L<sub>2</sub> molecule, Fourier transform infrared (FT-IR) measurements were performed (Figure 3). The data show that the vibration of the O–CH<sub>2</sub> group is shifted to a larger wavenumber following the addition of various lithium salts into TPE-(EO)<sub>4</sub>-L<sub>2</sub> solution. For instance, the wavenumber changes from 1002 to 1009 cm<sup>-1</sup> for the TPE-(EO)<sub>4</sub>-L<sub>2</sub>/ Li<sub>2</sub>CO<sub>3</sub> system and from 1002 to 1017 cm<sup>-1</sup> for the TPE-(EO)<sub>4</sub>-L<sub>2</sub>/LiI system, suggesting the binding of O to Li<sup>+</sup>. In addition, the vibration of the COO<sup>-</sup> group of TPE-(EO)<sub>4</sub>-L<sub>2</sub> is influenced by the added Li<sup>+</sup> (see Figure S6), indicating binding of Li<sup>+</sup> to the COO<sup>-</sup> groups, too. Recalling the binding ratio of Li<sup>+</sup>/TPE-(EO)<sub>4</sub>-L<sub>2</sub> = 6 obtained from ITC measurements, we can postulate that all four COO<sup>-</sup> groups are bound with Li<sup>+</sup> ions, with one Li<sup>+</sup> per COO<sup>-</sup>. Clearly, the other two Li<sup>+</sup> ions are bound to the two (EO)<sub>4</sub> groups. This means that on average each (EO)<sub>4</sub> chain, which contains five O atoms, binds with one Li<sup>+</sup> ion. This is in perfect agreement with the theoretical binding number of O to Li<sup>+</sup> obtained in lithium salt-PEO systems.<sup>33</sup>

It is worth noting that the binding of Li<sup>+</sup> does not considerably affect the aggregation behavior of TPE-(EO)<sub>4</sub>-L<sub>2</sub> and that the stability of the particles remains unchanged. Figure 4a shows that the CAC of TPE-(EO)<sub>4</sub>-L<sub>2</sub> is nearly the same before and after the addition of Li<sup>+</sup>. TEM observation confirms that the aggregates are still spherical particles, but DLS measurements indicate a slight decrease in size (Figure 4b), which is within our expectations: since the binding of Li<sup>+</sup> reduces the zeta potential of the particles to ~0, the repulsive forces inside the particle size. Moreover, the small size endows



Figure 4. (a) The change in PL intensity with increasing  $C_{\text{TPE-(EO)}+\text{L2}}$  with and without Li<sup>+</sup>. (b) The change in the particle size distribution upon addition of Li<sup>+</sup>. (inset) TEM image for 0.1 mM TPE-(EO)<sub>4</sub>-L<sub>2</sub> /Li<sup>+</sup> ( $d = 16 \pm 3$  nm). (c, d) XRD patterns of the TPE-(EO)<sub>4</sub>-L<sub>2</sub> / Li<sup>+</sup> system in low- and wide-angle regions, respectively.

particles with stronger thermal motion, which prevents the further accumulation of the particles.

However, the XRD measurement suggests that the TPE- $(EO)_4$ -L<sub>2</sub> molecules take on a much more stretched conformation in the lamellar packing. Figure 4c shows the presence of two diffraction peaks with corresponding d values of 4.3 and 2.2 nm. Clearly, the distance between the 001 diffraction planes for the Li<sup>+</sup>/TPE-(EO)<sub>4</sub>-L<sub>2</sub> system is larger than that for the TPE-(EO)<sub>4</sub>-L<sub>2</sub> system, which is 4.1 nm. Therefore, the five O atoms in the one  $(EO)_4$  moiety do not bind with one Li<sup>+</sup> in the same way as they do in a crown ether or PEO chains that show a bending effect (Scheme 1a). It is possible that one Li<sup>+</sup> (green sphere) binds with the five O (pink spheres) from five TPE-(EO)<sub>4</sub>- $L_2$  molecules aligned in parallel, as indicated by the pentagonal prism in Scheme 2a. Since each TPE- $(EO)_4$ -L<sub>2</sub> contains 10 O atoms, the five parallel TPE-(EO)<sub>4</sub>-L<sub>2</sub> molecules can bind 10 Li<sup>+</sup> altogether, with the Li<sup>+</sup> ions aligned in a straight line (Scheme 2b,c). This conformation generates electrostatic repulsion between the Li<sup>+</sup> ions, so the TPE- $(EO)_4$ -L<sub>2</sub> molecules in the solid sphere (Scheme 2d) take on a more extended conformation, as observed in the XRD measurements.

Interestingly, a sharp peak corresponding to a distance of 0.3 nm is observed in the XRD pattern for the  $\text{Li}^+/\text{TPE-(EO)}_4\text{-L}_2$  system (Figure 4d). This peak is very distinct and is found in all measurements for the  $\text{Li}^+/\text{TPE-(EO)}_4\text{-L}_2$  system, but it is never present in the absence of  $\text{Li}^+$ . Therefore, we contribute it to the array of  $\text{Li}^+$  in the pentagonal prism. On the basis of this model, the extended length of the TPE-(EO)\_4-L\_2 can be estimated by summing the length of the TPE moiety, pyridine-dicarboxylate group, and  $\text{Li}^+$  array, which gives a value of ~4.4 nm. This is in good agreement with the distance of 4.3 nm obtained from the XRD measurements, verifying the rationality of our postulation.

We postulate the rigidity of the short  $(EO)_4$  group may be responsible for such a coordinating mode. Indeed, quantum chemistry calculation (Figure S7) indicates that the TPE-  $(EO)_4$ -L<sub>2</sub> molecule does not bend when two Li<sup>+</sup> ions are added, which is in perfect agreement with the experimental results. Moreover, the AFM measurements in Figure S8 reveal that the height of the particles is similar to that for the TPE- $(EO)_4$ -L<sub>2</sub> systems, thus confirming the extended conformation of the TPE- $(EO)_4$ -L<sub>2</sub> molecules in the particles. However, it is the stacking of the randomly oriented TPE- $(EO)_4$ -L<sub>2</sub> /Li<sup>+</sup> cylinders that finally generates the solid spherical particles, as illustrated in Scheme 2d.

The special molecular structure of TPE-(EO)<sub>4</sub>-L<sub>2</sub> is very crucial for the successful binding of lithium ions. Although PEO is well-known for its ability to bind with lithium ions, such a scenario does not occur in dilute water solution. If we replace the elegant structure of TPE-(EO)<sub>4</sub>-L<sub>2</sub> with an  $L_2EO_4$ (see the molecular structure in Figure S9) molecule that shows excellent water solubility and does not aggregate,<sup>48-53</sup> no binding of Li<sup>+</sup> occurs (Figure S6e and Table S1). Similarly, lithium binding does not occur if the PEO block exists as a protective corona shell outside a micellar structure (Figure S10). We expect that sufficient dehydration of PEO is crucial for the lithium binding. Indeed, in the lithium ion battery industry, PEO is processed as a polymer melt when binding with lithium ions.<sup>31,32</sup> In the present study, the local concentration of the EO groups in the particles is extremely high, which is similar to the environment of a polymer melt formed by PEO. Therefore, the binding of Li<sup>+</sup> to the EO groups occurs via aggregates formed with TPE- $(EO)_4$ -L<sub>2</sub>.

2.3. Release of Li+ from the Nanoparticles under Biological Conditions. Because the stability of the TPE- $(EO)_4$ -L<sub>2</sub>/Li<sup>+</sup> nanoparticles under biological conditions is very relevant to their application, the binding status of Li<sup>+</sup> in 150 mM NaCl and PBS buffer was studied. ITC titration measurements (Figure 5a) indicate that the binding ratio is lowered to 2 in 150 mM NaCl, indicating that ~67% of the Li<sup>+</sup> ions can be released from the nanoparticles. Therefore, the Li<sup>+</sup> ions bound to the COO<sup>-</sup> group can be facilely released under biological conditions, whereas the EO-Li<sup>+</sup> coordination Scheme 2. Illustration for the Binding of Li<sup>+</sup> (green sphere) to TPE-(EO)<sub>4</sub>-L<sub>2</sub> Molecules<sup>a</sup>



<sup>*a*</sup>One Li<sup>+</sup> (green sphere) binds with five O (pink spheres) from five TPE-(EO)<sub>4</sub>-L<sub>2</sub> molecules aligned in parallel, as indicated by the pentagonal prism (a). Since each TPE-(EO)<sub>4</sub>-L<sub>2</sub> contains 10 O atoms, the five parallel aligned TPE-(EO)<sub>4</sub>-L<sub>2</sub> molecules can bind 10 Li<sup>+</sup> altogether, with the Li<sup>+</sup> ions probably aligned in a straight line, as shown in Scheme 2b,c. The stacking of the pentagonal prisms formed with TPE-(EO)<sub>4</sub>-L<sub>2</sub>/Li<sup>+</sup> into solid spheres (d).

interaction remains very stable, but it is not clear whether this fraction of  $Li^+$  ions can be sufficiently utilized in vitro. The

weaker binding of  $Li^+$  ions bound to the COO<sup>-</sup> group suggests that interaction between them mainly involves electrostatic



**Figure 5.** (a) ITC titration data and fitting curves for Li<sup>+</sup> titrated into TPE-(EO)<sub>4</sub>-L<sub>2</sub> with [NaCl] = 150 mM. (b) Variation of FT-IR spectra for TPE-(EO)<sub>4</sub>-L<sub>2</sub>/Li<sup>+</sup> solution with or without NaCl (#) EO group:1000–1300 cm<sup>-1</sup>; (\*) COO<sup>-</sup>: asymmetrical stretching vibration: 1650–1550 cm<sup>-1</sup>, symmetric stretching vibration: ~1400 cm<sup>-1</sup>).



Figure 6. Confocal fluorescence images of living HeLa cells incubated for 12 h with solutions of TPE-(EO)<sub>4</sub>- $L_2/Li^+(1/6)$  ([TPE-(EO)<sub>4</sub>- $L_2$ ] = 0.1 mM) (a) overlap of (b–d), which are images obtained at detector slit 425–475 nm (b), detector slit 552–617 nm (c), and bright field (d), respectively.

forces, which can be shielded in a saline environment. This is further confirmed by FT-IR measurements (Figure 5b), where a larger wavenumber for the vibration of the O–CH<sub>2</sub> bonds is observed (with 150 mM NaCl: wavenumber changes from 1002 to 1013 cm<sup>-1</sup>; without 150 mM NaCl: wavenumber changes from 1002 to 1009 cm<sup>-1</sup>), whereas the vibration of COO<sup>-</sup> groups shows a recovery (partially magnified spectra in Figure S11). As in the TPE-(EO)<sub>4</sub>-L<sub>2</sub> system, DLS and TEM measurements (Figure S12) confirm the presence of spherical particles under these conditions, thus verifying robust stability in a biological environment. Therefore, the nanocarriers are expected to show potential for use in in vitro application.

**3.** Application of the Fluorescent Nanocarriers for Li<sup>+</sup>. So far, we constructed the nanocarriers for Li<sup>+</sup> based on TPE-  $(EO)_4-L_2$ , which is a self-fluorescent spherical nanoparticle with small size, zero surface charge, and excellent stability. Next, we study its biocompatibility and imaging ability in cells. The cell experiment clearly indicates that these nanoparticles can be taken up by HeLa cells and hRPE cells. No blue emission can be observed after the HeLa cells were incubated for 12 h in deionized water or Li<sup>+</sup> solution (Figure S13). However, strong blue emission is observed after the HeLa cells were incubated in a solution of TPE-(EO)<sub>4</sub>-L<sub>2</sub>/Li<sup>+</sup> for 12 h (Figure 6). Moreover, the cytotoxicity of these nanoparticles is negligible to HeLa cells (Figure 7). Similar imaging ability and cytotoxicity is observed for hRPE cells (Figures S14–S16), but a longer incubation time of 24 h is required.

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Figure 7. Viability of HeLa cells treated with different concentrations of the nanocarriers with or without  $Li^+$  and  $Li_2CO_3$  solutions.

#### CONCLUSION

We have designed an amphiphile TPE-(EO)<sub>4</sub>- $L_2$  molecule that contains EO and TPE groups and can self-assemble into spherical aggregates. Lithium ions can bind to the EO groups inside the aggregates, which enables the realization of selffluorescence labeled nanocarriers for lithium ions. This type of nanocarrier, with its small size, retains a fluorescent property and demonstrates good biocompatibility. We expect the lithium nanocarriers to be applied in the clinical treatment of mental illness and pave the way for creating a new generation of lithium-based drugs.

#### EXPERIMENTAL SECTION

**Materials.** Synthesis of the Amphiphilic AIE Fluorogen TPE- $(EO)_4$ - $L_2$ . TPE- $(EO)_4$ - $L_2(L:$  dicaboxypyridine group) used in this work was synthesized following previously reported procedures.<sup>40</sup>

Other Materials. The other chemicals were obtained from Beijing Chemical Reagents Co. and were all of A.R. grade. Distilled water was purified through a Milli-Q Advantage A10 ultrapure water system.

Sample Preparation. The solutions were obtained by dissolving the solid TPE-(EO)<sub>4</sub>-L<sub>2</sub> or soluble lithium salts in ultrapure water.

The solutions of TPE-(EO)<sub>4</sub>-L<sub>2</sub>/Li<sup>+</sup> were obtained by mixing simply TPE-(EO)<sub>4</sub>-L<sub>2</sub> solution and Li<sup>+</sup> solution at the desired concentration. The final concentration of TPE-(EO)<sub>4</sub>-L<sub>2</sub> and Li<sup>+</sup> was controlled at [TPE-(EO)<sub>4</sub>-L<sub>2</sub>]/[Li<sup>+</sup>] = 1/6. All experiments were performed at room temperature (~25 °C).

**Methods.** Transmission Electron Microscopy. An FEI Tecnai G2 T20 TEM was used to observe the morphology of the aggregates. Samples were placed onto 230 mesh copper grids coated with Formvar film. Excess water was removed with filter paper. Then, a drop of uranyl acetate (0.5%, in ethanol) solution was added to the film for 30 s for negative staining. Excess staining liquid was removed similar to the previous operation. Finally, samples were dried in ambient air at room temperature before TEM observation.

*Fluorescence Spectrometer Measurements.* Steady-state fluorescence spectra were obtained with a Hitachi F-7000 fluorescence spectrometer. The excitation and emission wavelengths were set at 365 and 480 nm, respectively. Other conditions: slit, 5 mm; scanning speed: 240 nm/min; photomultiplier tube (PMT) voltage: 700 V.

Dynamic Light Scattering. DLS measurements were performed using an ALV/DLS/SLS-5022F light-scattering apparatus. The incident beam wavelength was 632.8 nm, generated from a 22 mW He–Ne laser. Measurements were conducted at ambient temperature. The solutions were processed to be dust-free using a 0.45  $\mu$ m hydrophilic polyvinylidene (PVDF) membrane before measurements. The scattering angle was set at 90°, and the intensity auto correlation functions were analyzed by the CONTIN method.<sup>54,55</sup>

Atomic Force Microscopy. AFM measurements were conducted using a D3100 AFM (VEECO, USA) setup. One drop of sample solution was spin-coated onto a mica surface, which was then observed by AFM under tapping mode.

Attenuated Total Reflection Infrared. A Nicolet iN10 MX microscopic infrared spectrometer equipped with an attenuated total reflection (ATR) accessory (Thermo Scientific Co., USA) was utilized to conduct the IR measurements. Sample solutions were drop cast onto a  $CaF_2$  plate and allowed to dry under ambient conditions. Then, the IR spectra of the sample solutions were collected in the range from 4000 to 650 cm<sup>-1</sup>. Each measurement was averaged on the basis of 32 scans, with a resolution of 4 cm<sup>-1</sup>.

X Ray Diffraction. Reflection XRD studies were performed using a model XKS-2000 X-ray diffractometer (Scintaginc). The X-ray wavelength was obtained from a Cu K $\alpha$ 1 beam ( $\lambda$  = 1.5406 Å) generated with a Cu anode. Samples were prepared by drop casting solution onto a clean glass slide before being placed in a drier for over 24 h. Low-angle and wide-angle measurements were conducted separately in the 2 $\theta$  ranges of 0.6–15° and 3–50°, respectively.

Isothermal Titration Calorimetry (ITC). ITC measurements were performed in a TAM 2277-201 microcalorimetric system (Thermometric AB, Järfälla, Sweden) at 298.15 ± 0.01 K. A stainless steel syringe with a volume of 1 mL was used in all the experiments. The sample cell was initially loaded with 0.6 mL of water or TPE-(EO)<sub>4</sub>-L<sub>2</sub> solution. Then, solutions containing Li<sup>+</sup> were injected into the sample cell via a 500  $\mu$ L Hamilton syringe. A series of injections was performed all controlled by a 612 Thermometric Lund pump. After each injection, the system was stirred at 60 rotations per minute with a gold propeller to ensure sufficient mixing. Heat flow against time was recorded for each injection. The enthalpy  $(\Delta H_{obs})$  was obtained by integration over the peak observed in the plot of the heat flow. The dilution heats were subtracted from all the measurements. The binding stoichiometry n, binding constant (K), and binding enthalpy (DH) were obtained by fitting the observed enthalpy curves with the computer program TAM (Digitam 4.1 for Windows from Thermometric AB) and transforming each injection into the molar ratio of  $Li^+$  to TPE-(EO)<sub>4</sub>-L<sub>2</sub>.

Theoretical Calculations. The Gaussian 09 package was used to calculate the molecular conformation of TPE- $(EO)_4$ - $L_2$  before and after binding two Li<sup>+</sup> ions at restricted density functional theory level. The hybrid functional B3LYP and the 6-311+g (d, p) basis set were chosen for all the calculations. The initial locations of the Li<sup>+</sup> ions were set to be on the top of the oxygen and carbon atom, respectively, of the different EO groups. All calculations showed similar results, with a representative calculation outcome given in Supporting Information.

Confocal Fluorescent Images of Living Cell. A confocal laser scanning microscope (A1R-si, Nikon, Japan) was used to observe the living HeLa cells after incubation with the TPE- $(EO)_4$ - $L_2/Li^+$  nanoparticles. The cells were imaged under fluorescence mode with a 60× immersion lens. Other experimental parameters: laser power of 100%, pinhole 2.0 AU, excitation wavelength of 405 nm, detector slit set at 425–475 nm, resolution of 1024 × 1024, and a scan speed of 0.5 frames/s.

*Cell Culture.* HeLa cell lines were cultured in a standard Dulbecco's modified Eagle's medium supplemented with 10% (v/v) fetal bovine serum, 100 U/mL of penicillin, and 100  $\mu$ g/mL of streptomycin at 37 °C in a humidified incubator containing 5% CO<sub>2</sub> for 24 h. Cell growth was conducted by addition of the stock solution of TPE-(EO)<sub>4</sub>-L<sub>2</sub>/Li<sup>+</sup> to obtain a final TPE-(EO)<sub>4</sub>-L<sub>2</sub> concentration of 0.1 mM for another 12 h in the dark at 37 °C.

Cytotoxicity Assay. A 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide (MTT) assay<sup>56</sup> was used to measure the cell viability. HeLa cells ( $5 \times 10^3$ ) were seeded into a 96-well plate per well. The cell was incubated overnight at 37 °C in an atmosphere containing 5% CO<sub>2</sub>. Then, various doses of 0–100  $\mu$ M solutions were transferred into the aforementioned medium and immediately incubated at 37 °C. Control experiments were conducted in a similar manner for the medium without cells or TPE-(EO)<sub>4</sub>-L<sub>2</sub>/Li<sup>+</sup>. After 12 or 24 h of incubation, 10  $\mu$ L of MTT solution (5 mg/mL in PBS) was added into each well. Then, 4 h later, 150  $\mu$ L of dimethyl sulfoxide (DMSO) was added to dissolve the formazan precipitate. The cell

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survival rate was quantified by the optical density obtained using a spectrophotometer (Multiskan MK3, Thermo Scientific, USA). Optical density (OD) was read at 490 nm followed by the subtraction of the background at 630 nm. Every experiment was repeated six times.

#### ASSOCIATED CONTENT

#### **S** Supporting Information

The Supporting Information is available free of charge on the ACS Publications website at DOI: 10.1021/acsanm.7b00050.

AFM images of TPE- $(EO)_4$ - $L_2$  and TPE- $(EO)_4$ - $L_2/Li^+$  solutions, DLS data and fluorescence spectra of TPE- $(EO)_4$ - $L_2$  solution with different salt concentration, IR spectra, quantum chemistry calculation result, confocal fluorescent images, cell viability data (PDF)

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#### Notes

The authors declare no competing financial interest.

#### ACKNOWLEDGMENTS

This work is supported by the National Natural Science Foundation of China (Grant Nos. 21573011 and 21422302), and the Innovation and Technology Commission of Hong Kong (ITC-CNERC14S01).

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131